



MONTHLY NEWSLETTER

SEPTEMBER 2026

EDUCATION

HEALTHCARE

SOCIAL WELFARE





MONTHLY

NEWSLETTER

SEPTEMBER 2026

EDUCATION

HEALTHCARE

SOCIAL WELFARE

SAHAYATA TRUST NEWSLETTER

CONTENTS

About Sahayata Trust Objectives

EDUCATION INITIATIVES

Challenger ICF School, Ambth Tanda

- SGF Mandal-Level Tournament and Selections
- Sri Krishna Janmashtami Celebration
- Teachers' Day Celebration
- Telugu Language Day Celebration
- SGF Zonal-Level Cricket and Volleyball Selections
- Hindi Language Day Celebration
- Formative Assessment-II Examinations

Challenger International School, Moinabad

- Teachers' Day Celebration
- Visit of Dr. Dilara Sayeed
- Vegetables Day
- Interaction with IMRC Representatives
- "Learning for the Future" Workshop
- Teachers' Orientation on "The Future of School Education"

Indo US Public School, Kishanbagh

- Visit of Dr. Dilara Sayeed
- Teacher of the Month Recognition
- Alokkit Session on Student Well-being and Safety
- Student-Led Conference
- "Learning for the Future" Student Session
- "Future of School Education 2026" Teachers' Conference

Indo US Public School, Shaheen Nagar

- RISE Workshop on Student Leadership and Oratory Skills
- Visit of Dr. Dilara Sayeed
- Teachers' Day Celebration
- International Literacy Day
- Student-Led Movement on Health and Cleanliness
- Parent-Teacher Meeting
- Hindi Diwas Celebration
- Awareness Session on Responsible Mobile Phone Use
- Kindergarten Recitation Day
- Kindergarten Student-Led Conference
- RISE Workshop on School Safety and Well-being
- Staff Meeting on Examination Preparation
- "Learning for the Future" Workshop
- "The Future of School Education" Conference
- Student of the Month Recognition

Kingsdale High School, Sultanpura

- Teachers' Day Celebration
- Red Day Celebration
- Plant Day
- Biscuit Day
- Promoting Regular Attendance
- Nasha Mukh Bharat Abhiyan
- Teachers' Conference

SEPTEMBER 2026

SAHAYATA TRUST NEWSLETTER

CONTENTS

HEALTHCARE INITIATIVES

Indo US Hospital, Malakpet

- Laparoscopic Surgery for Gallbladder Disease
- Dermoid Cyst Removal in a Child
- Surgery for Acute Appendicitis
- Bilateral Total Knee Replacement
- Umbilical Hernia Repair
- Surgery for Bilateral Ovarian Cysts

Indo US Hospital, Tolichowki

- Emergency Spine Stabilisation Following a Road Accident
- Emergency Neurosurgical Care for a Child
- High-Risk Caesarean Delivery
- Hernia Repair with Comprehensive Surgical Care

SOCIAL WELFARE INITIATIVES

Challenger Home, Moinabad

- Teachers' Day Celebration
- Participation in Seerat-un-Nabi Programme
- Visit of Mr. Manzoor Ghori
- Dinner and Support for Residents

Community Outreach, Hyderabad

- Widow Support Initiative



ABOUT US

Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for underserved populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

OBJECTIVES

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 2–3 September 2026

Title: SGF Mandal-Level Tournament and Selections

Fifteen students from Classes VIII to X participated in volleyball, kabaddi and kho-kho events. The school secured first place in Under-17 boys' and Under-14 girls' volleyball, and second place in Under-14 boys' and Under-17 girls' volleyball.



Date: 3 September 2026

Title: Sri Krishna Janmashtami Celebration

Students celebrated Sri Krishna Janmashtami through devotional songs, dances and skits, with younger children dressed as Krishna and Radha. The programme introduced students to cultural traditions and highlighted the values of kindness, truth and compassion.



CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 5 September 2026

Title: Teachers' Day Celebration

Students expressed their appreciation for teachers through speeches, songs, dances and cultural performances. Class X students organised games and fun activities for teachers, celebrating their guidance, dedication and contribution to students' development.



Date: 9 September 2026

Title: Telugu Language Day Celebration

Students participated in Telugu poetry recitations, speeches, songs, storytelling and cultural performances. Teachers highlighted the language's literary and cultural heritage and encouraged students to preserve and promote its use in everyday life.



Date: 18-19 September 2026

Title: SGF Zonal-Level Cricket and Volleyball Selections

Five students from Classes VIII to X participated in cricket selections. Sabavath Srikanth of Class VIII and Amboth Mahesh of Class X were selected for the Ranga Reddy district cricket team. Amboth Sridhar, Sabavath Srikanth, Amboth Saketh and Ratla Anjali were also selected in volleyball.



CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 22 September 2026

Title: Hindi Language Day Celebration

Students took part in Hindi speeches, poetry recitations, songs, storytelling and cultural performances. The programme encouraged interest in learning Hindi, strengthened communication skills and promoted appreciation for India's linguistic diversity.



Date: 23-27 September 2026

Title: Formative Assessment-II Examinations

The school conducted Formative Assessment-II examinations to assess students' understanding of concepts covered during the term. The assessments helped teachers review academic progress and identify areas requiring further guidance and learning support.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 5 September 2026

Title: Teachers' Day Celebration

Grade X students took on teaching roles, while teachers participated in games and fun activities. Prizes and gifts were distributed, followed by a special lunch organised by the management to celebrate teachers' dedication and contribution.



Date: 9 September 2026

Title: Visit of Dr. Dilara Sayeed

Dr. Dilara Sayeed from the USA visited the school and interacted with the school community. She presented mementos, medals, certificates and a cash prize to SA Quiz Competition participants, alongside participation certificates for the Seerat-un-Nabi programme held at Khaja Mansion.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 11 September 2026

Title: Vegetables Day

Pre-Primary students celebrated Vegetables Day through colourful and interactive activities. The programme helped young learners identify different vegetables and encouraged learning through observation and participation.



Date: 17 September 2026

Title: Interaction with IMRC Representatives

The Principal and teachers participated in an interaction with executive directors and other representatives from IMRC, USA. The session provided an opportunity to exchange ideas and discuss school education.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 29 September 2026

Title: "Learning for the Future" Workshop

Nearly 87 students and 10 teachers participated in a workshop organised by CDPP in collaboration with Sahayata Trust at Manchi Challenger School. Speakers included Mr. Manzoor Ghori and Mr. Habeeb Qadri. A robotics session introduced students to technology and skills for the future.



Date: 30 September 2026

Title: Teachers' Orientation on "The Future of School Education"

Teachers attended an orientation programme exploring the changing landscape of school education. Mr. Manzoor Ghori and Mr. Habeeb Qadri shared insights on the future of teaching and learning, alongside a session on robotics.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 9 September 2026

Title: Visit of Dr. Dilara Sayeed

Dr. Dilara Sayeed, CEO of Penny Appeal USA, visited the school and interacted with approximately 50 students. She shared encouraging messages on education, leadership and community contribution, inspiring students to explore their aspirations.



Date: 11 September 2026

Title: Teacher of the Month Recognition

Meherunissa and Heena Kauser were recognised as Teachers of the Month for August 2026. The recognition celebrated their regularity, punctuality, classroom performance and innovative teaching practices.



Date: 23 September 2026

Title: Alokit Session on Student Well-being and Safety

Two teachers attended a session organised by Alokit on creating a safe, supportive and positive school environment. The session highlighted practices that help students feel valued, heard, respected and protected.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 28 September 2026
Title: Student-Led Conference

Students presented their learning, progress and achievements to parents and guests at the school's first Student-Led Conference of 2026. The event encouraged communication, confidence and ownership of learning while helping parents understand their children's academic development.



Date: 29 September 2026
Title: "Learning for the Future" Student Session

Approximately 45 students attended a session led by Mr. Habeeb Qadri, Superintendent of MCC Academy, Chicago. The programme explored leadership, essential life skills and future opportunities, encouraging students to become confident and adaptable learners.



Date: 30 September 2026
Title: "Future of School Education 2026" Teachers' Conference

Approximately 13 teachers, along with school leadership, attended the conference at Ravindra Bharathi Auditorium, Hyderabad. Sessions explored technology, artificial intelligence, innovation and skills shaping the future of teaching and learning.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 1 September 2026

Title: RISE Workshop on Student Leadership and Oratory Skills

Teachers and school leaders participated in a workshop on developing students' leadership, communication and public-speaking skills. The session explored the role of the House System and role modelling in nurturing student leadership.



Date: 2 September 2026

Title: Visit of Dr. Dilara Sayeed

Dr. Dilara Sayeed interacted with middle school students, who asked questions and shared their thoughts. Drawing on real-life examples, she offered guidance that encouraged students to express themselves confidently and connect learning with everyday experiences.



Date: 5 September 2026

Title: Teachers' Day Celebration

Students performed teacher role-plays, while teachers participated in games and activities with their colleagues. The celebration recognised teachers' contributions as mentors, caregivers and role models, strengthening the bond between students and staff.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 8 September 2026

Title: International Literacy Day

Higher-grade students and the English faculty marked International Literacy Day through a special assembly and activities. Students highlighted the importance of literacy in everyday life and its contribution to educational and social development.



Date: 8 September 2026

Title: Student-Led Movement on Health and Cleanliness

Middle and high school students conducted neighbourhood awareness campaigns on mosquito prevention, personal health and cleanliness. The initiative encouraged community responsibility while helping students develop communication and community-engagement skills.



Date: 12 September 2026

Title: Parent-Teacher Meeting

Parents and teachers reviewed students' academic progress following Formative Assessments I and II. Discussions focused on individual strengths, areas for improvement and ways to support students' learning and overall performance.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 14 September 2026
Title: Hindi Diwas Celebration

The Hindi faculty organised skits, poetry recitations, songs and interactive activities to celebrate Hindi Diwas. Students participated in creative presentations that encouraged appreciation of the language and its literary and cultural heritage.



Date: 21 September 2026
Title: Awareness Session on Responsible Mobile Phone Use

Mr. Abdul Rahim conducted a session for middle school students on the adverse effects of excessive mobile phone use. The discussion encouraged students to reflect on their habits and adopt responsible, balanced usage.



Date: 23 September 2026
Title: Kindergarten Recitation Day

Kindergarten students recited poems learned in class, presenting them with expression and enthusiasm. The activity provided an opportunity for young learners to develop confidence, oral expression and presentation skills.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 23 September 2026

Title: Kindergarten Student-Led Conference

Kindergarten students showcased their classroom learning through presentations and activities in the presence of their parents. The conference helped children communicate their understanding of basic concepts and build confidence in presenting their work.



Date: 26 September 2026

Title: RISE Workshop on School Safety and Well-being

School leaders and teachers participated in a workshop on creating a safe and supportive learning environment. Discussions focused on student well-being, support systems and helping every child feel valued and develop a sense of belonging.



Date: 26 September 2026

Title: Staff Meeting on Examination Preparation

Teachers reviewed syllabus completion, revision plans and their responsibilities ahead of examinations. The meeting also covered upcoming school events and holiday assignments for the Term-I vacation, supporting coordinated academic planning.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 29 September 2026

Title: "Learning for the Future"
Workshop

A workshop organised by CDP and Sahayata Trust at Manchi Challenger School, Balapur, explored learning skills, leadership and future opportunities. Led by Mr. Habeeb Qadri, Superintendent of MCC Academy, Chicago, the session focused on preparing students for a changing world.



Date: 30 September 2026

Title: "The Future of School
Education" Conference

Teachers, educators and school leaders attended a conference organised by CDP and Sahayata Trust at Ravindra Bharathi, Hyderabad. Discussions explored curriculum, teaching practices, assessment, inclusion, STEM and teacher development in response to changing educational needs.



Date: 30 September 2026

Title: Student of the Month Recognition

Four students from each class were recognised under the categories of Homework Master, Attendance and Punctuality, Healthy Tiffin, and Cleanliness. The initiative celebrated responsibility, positive habits and consistent good conduct.

KINGSDALE HIGH SCHOOL

Sultanpura

Date: September 2026

Title: Teachers' Day Celebration

Students expressed their gratitude to teachers through speeches, cards, cultural performances and activities. The celebration recognised teachers' dedication, guidance and contribution to students' learning and development.



Date: September 2026

Title: Red Day Celebration

Young learners dressed in red and explored the colour through objects, toys and classroom activities. The celebration strengthened colour recognition through enjoyable, interactive learning.



Date: 22 September 2026

Title: Plant Day

Students participated in planting activities and learned about caring for plants and keeping their surroundings green. The programme highlighted the importance of trees and encouraged responsibility towards nature.



KINGSDALE HIGH SCHOOL

Sultanpura

Date: September 2026
Title: Biscuit Day

Nursery, LKG and UKG students brought different varieties of biscuits and enjoyed sharing them with friends. Activities encouraged friendship, sharing and learning through a fun classroom experience.



Date: September 2026
Title: Promoting Regular Attendance

The school encouraged students to maintain regular attendance, punctuality and discipline, alongside timely completion of academic work. The initiative emphasised consistent participation and responsible learning habits.

Date: September 2026
Title: Nasha Mukta Bharat Abhiyan

The school participated in the Nasha Mukta Bharat Abhiyan to raise awareness about the harmful effects of drugs, smoking and alcohol. Awareness messages and activities such as sports, yoga, cycling and reading encouraged students to make responsible choices and adopt healthy lifestyles.

Date: 30 September 2026
Title: Teachers' Conference

A teachers' conference focused on academic progress, teaching strategies, student performance and school matters. The discussions supported academic planning and teachers' efforts to strengthen student learning.

INDO US HOSPITAL

Malakpet

Date: September 2026

Title: Laparoscopic Surgery for Gallbladder Disease

A 57-year-old patient diagnosed with calculus cholecystitis and Mirizzi syndrome underwent laparoscopic gallbladder removal. The patient received surgical treatment alongside antibiotics and supportive care during the hospital stay.

Date: 18 September 2026

Title: Dermoid Cyst Removal in a Child

A five-year-old child underwent removal of a dermoid cyst near the right eyebrow following clinical investigations and preoperative evaluation. The procedure was completed without complications, and the child recovered well and was discharged in stable condition.

Date: 21 September 2026

Title: Surgery for Acute Appendicitis

A 20-year-old patient with severe abdominal pain underwent an open appendicectomy for acute appendicitis. The procedure was completed without complications. The patient's symptoms improved, and she was discharged in stable condition with follow-up advice.

Date: 22 and 24 September 2026

Title: Bilateral Total Knee Replacement

A 69-year-old patient with osteoarthritis in both knees underwent right and left total knee replacement in two procedures. Both surgeries were completed without complications, and the patient was discharged in stable, pain-free condition with follow-up advice.

INDO US HOSPITAL

Malakpet

Date: 29 September 2026
Title: Umbilical Hernia Repair

A 28-year-old patient experiencing pain and swelling around the navel underwent umbilical hernia repair. The procedure was completed without complications, and the patient's symptoms improved. She was discharged in stable condition with follow-up advice.

Date: 29 September 2026
Title: Surgery for Bilateral Ovarian Cysts

A 19-year-old patient with lower abdominal pain underwent surgery to remove cysts from both ovaries, with normal ovarian tissue preserved on the left side. Samples were sent for histopathological examination. The patient recovered well and was discharged in stable condition.

INDO US HOSPITAL

Tolichowki

Date: 1 September 2026

Title: Emergency Spine Stabilisation Following a Road Accident

A 57-year-old patient sustained a serious spinal fracture in a road accident, with weakness and reduced sensation in her lower body. The medical team performed emergency spine fixation to stabilise the injury, followed by specialised post-operative care to support recovery.

Date: 3 September 2026

Title: Emergency Neurosurgical Care for a Child

A six-year-old child brought to the hospital late at night required urgent neurosurgical care. The team performed an emergency craniotomy to address the critical condition. The child recovered well following surgery and continued care.

Date: 19 September 2026

Title: High-Risk Caesarean Delivery

A patient with severe anaemia went into labour while receiving blood transfusion support. The medical team performed an emergency Caesarean section, safely delivering a healthy baby boy. Prompt intervention helped safeguard both mother and child.

Date: 23 September 2026

Title: Hernia Repair with Comprehensive Surgical Care

A patient with a long-standing hernia underwent surgical repair, with excess abdominal fat also addressed during the procedure. The intervention helped relieve the physical discomfort and distress associated with her condition.

CHALLENGER HOME

Moinabad

Date: 5 September 2026

Title: Teachers' Day Celebration

Residents took on teaching roles for the day and participated in speeches, songs and games. The celebration helped the girls appreciate teachers' responsibilities and efforts, while reflecting on respect for teachers and parents.

Date: 6 September 2026

Title: Participation in Seerat-un-Nabi Programme

Sameera Begum of Class VIII participated in a Seerat-un-Nabi competition held at Masab Tank. She recited a Naat Sharif and received a certificate for her participation.

Date: 17 September 2026

Title: Visit of Mr. Manzoor Ghori

Mr. Manzoor Ghori, Executive Director of IMRC, visited Challenger Home and spoke individually with residents. He encouraged the girls to reflect on their goals and aspirations, offering guidance and motivation for their future.

Date: 24 September 2026

Title: Dinner and Support for Residents

Residents enjoyed a special dinner, with food, snacks and clothes provided by a supporter of the Home. The girls expressed their appreciation for the support and shared a joyful evening together.

COMMUNITY OUTREACH

Hyderabad

Widow Support Initiative

In the month of September 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause, please visit:
<http://www.sahayatatrust.org/donate.php>

SCAN TO DONATE



CONTACT US

Instagram: <https://www.instagram.com/sahayatatrust/>

Facebook: <https://www.facebook.com/sahayata.trust>

X (formerly Twitter): x.com/sahayata_trust

Email: info@sahayatatrust.org

Phone Number: 040-23535975 / +91 8121795975

Website: www.sahayatatrust.org

Address: #10-3-303, Serene Heights, 603, 6th Floor,
Humayun Nagar, Telangana, Hyderabad-500028