



MONTHLY NEWSLETTER

AUGUST 2026

EDUCATION

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SAHAYATA TRUST NEWSLETTER

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ABOUT US

Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for underserved populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

OBJECTIVES

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 12–14 August 2026

Title: Independence Day Games & Sports

Students from Nursery to Class X participated in Kabaddi, Kho-Kho, volleyball, running, musical chairs, ball balancing, essay writing and other activities. Prizes sponsored by BRR Foundation were distributed on Independence Day.



Dates: 15 August 2026

Title: Independence Day Celebration

The school celebrated Independence Day with flag hoisting, the National Anthem, patriotic songs, speeches, dances and skits. The programme highlighted freedom, unity, discipline and national responsibility.



CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 20 August 2026

Title: Taekwondo Demonstration

Master Tharun conducted a Taekwondo demonstration introducing students to basic movements and self-defence techniques. The session promoted physical fitness, discipline, concentration and confidence.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 11 August 2026

Title: Parent-Teacher Meeting

Parents and teachers discussed students' academic progress, attendance, behaviour and overall development. The meeting strengthened collaboration between families and the school.



Date: 14 August 2026

Title: Investiture Ceremony

Students of Grades VIII to X were formally entrusted with leadership responsibilities. The ceremony encouraged confidence, discipline, teamwork and responsible leadership.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 14 August 2026

Title: Independence Day Fancy Dress Competition

Pre-Primary students dressed as freedom fighters, national leaders, soldiers and other patriotic figures. The activity encouraged confident expression and introduced young learners to the Independence Day theme.



Date: 15 August 2026

Title: Independence Day Celebration

Students presented patriotic speeches, songs, cultural performances and drum exercises. The National Flag was hoisted by Mr. Syed Anees Uddin, Chairman, Sahayata Trust, in the presence of students and staff.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: 27 August 2026

Title: Apple Day

Pre-Primary students explored the colour red through rhymes, colouring and apple-themed activities. The celebration combined colour recognition with learning about healthy eating.



Date: 28 August 2026

Title: Banana Day

Students explored the colour yellow through banana-themed rhymes and creative activities. The session made colour recognition and learning about healthy fruits interactive and enjoyable.



INDO US PUBLIC SCHOOL Kishanbagh

Date: 6 August 2026

Title: SAMBANDH-2026 Poster Competition

Six students participated in the SAMBANDH-2026 Poster Competition organised by COVA Peace Network. Grade IX student Ayesha secured third prize, while the school received a Certificate of Appreciation and memento for participation.



Date: 15 August 2026

Title: Independence Day Celebration

The celebration featured Qirat, patriotic performances, games and cultural presentations. Pre-Primary students dressed as freedom fighters, and certificates were distributed to winners and participants.



Date: 22 August 2026

Title: First Parent-Teacher Meeting

Nearly 100 parents participated in the first PTM of the academic year. Teachers discussed students' progress, strengths and areas requiring further support.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 22 August 2026

Title: Teacher of the Month

Amina Begum was recognised as Teacher of the Month for July based on regularity, punctuality, classroom observations and innovation. The recognition celebrated her consistent teaching performance.



Date: 25 August 2026

Title: SLM-01: Reading Together

Twenty students visited nearly 50 households to promote regular reading at home. Families were encouraged to spend 15 minutes each day reading with their children.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 6 August 2026

Title: Recycling Championship

Students participated in recycling activities that promoted waste management, creativity and environmental responsibility.



Date: 14 August 2026

Title: Sports Day

Students took part in sporting activities promoting fitness, teamwork, discipline and healthy competition.



Date: 14 August 2026

Title: Teachers' Spotlight

Teachers were recognised for their dedication, creativity, teamwork and contribution to student learning.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 15 August 2026

Title: Independence Day & Investiture Ceremony

The school marked Independence Day through flag hoisting and cultural activities, alongside an Investiture Ceremony for student leaders.



Date: 20 August 2026

Title: LEAD Professional Development Session

A teacher-development session led by Nayeem Sir focused on effective teaching practices, classroom engagement and improved learning outcomes.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 21 August 2026

Title: Coordinator-Teacher Meeting

Teachers and the coordinator discussed classroom experiences, academic progress, challenges and areas requiring support.

Date: 22 August 2026

Title: Kindergarten Colour Day

Young learners explored colours through creative and hands-on classroom activities, strengthening colour recognition and observation skills.



Date: 22 August 2026

Title: Inter-House Competition

Students represented their houses in activities designed to build teamwork, confidence, leadership and healthy competition.

Date: 22 August 2026

Title: Commencement of FLN Classes

Foundational Literacy and Numeracy classes began for students requiring additional support in reading, writing, language and numeracy. The classes are scheduled every Saturday.

Date: 24 August 2026

Title: Formative Assessment-II

Teachers prepared students for Formative Assessment-II through revision and planned assessments to identify progress and learning gaps.

INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: August 2026

Title: First Student Council Meeting

Student leaders were introduced to their roles and responsibilities, with a focus on leadership, communication, teamwork and decision-making.



KINGSDALE HIGH SCHOOL

Sultanpura

Date: August 2026

Title: Yellow Day Celebration

Nursery to UKG students celebrated Yellow Day through colourful displays and yellow-themed objects and activities.



Date: August 2026

Title: Pre-Primary Birthday Celebration

Pre-Primary students participated in a birthday celebration organised as part of the month's classroom activities.



Date: August 2026

Title: Pre-Independence Activities

Students participated in handwriting and drawing competitions organised ahead of Independence Day.



Date: 15 August 2026

Title: Independence Day Celebration

The programme included flag hoisting, the National Anthem, fancy dress, dances and prize distribution.



KINGSDALE HIGH SCHOOL

Sultanpura

Date: August 2026

Title: Seerah Expo Competition

Students participated in a Seerah Expo and prepared a model on Fatah Makkah. The school received first prize and a certificate.



Date: August 2026

Title: Parent-Teacher Meeting

The PTM provided a platform for teachers and parents to discuss students' development, achievements and learning challenges.



INDO US HOSPITAL

Malakpet

Date: August 2026

Title: Skin Grafting Procedure

A patient with severe peripheral vascular disease and non-healing ulcers underwent skin grafting successfully and was discharged in stable condition.

Date: August 2026

Title: Bipolar Hemiarthroplasty

A patient with a left hip fracture underwent bipolar hemiarthroplasty following clinical evaluation and preoperative preparation. The patient recovered well after surgery.

Date: 15 August 2026

Title: Independence Day Celebration

The hospital marked Independence Day with flag hoisting attended by staff, patient attendants and members of the surrounding community. Hospital leadership also interacted with patients in the ICU.



INDO US HOSPITAL

Malakpet

Date: August 2026

Title: Major Gynaecological Surgery

A patient with a large uterine fibroid underwent laparotomy with total abdominal hysterectomy and bilateral salpingo-oophorectomy. The patient improved following surgery and was discharged in stable condition.

Date: 27 August 2026

Title: Craniotomy for Subdural Haematoma

A patient with an acute-on-chronic subdural haematoma underwent craniotomy and evacuation. The patient recovered well and was discharged in stable condition.

Date: 31 August 2026

Title: Total Knee Replacement

A patient with advanced osteoarthritis underwent right total knee replacement. The procedure was uneventful and the patient recovered well following surgery.

INDO US HOSPITAL

Tolichowki

Date: August 2026

Title: Successful Treatment of Gallbladder Stones

A patient with complicated gallbladder stones and obstruction underwent ERCP with stenting. The minimally invasive procedure relieved the obstruction and severe abdominal pain, and the patient recovered well.

Date: August 2026

Title: Minimally Invasive Treatment for Chronic Back Pain

A patient experiencing persistent back pain and leg numbness following previous spine surgery underwent fluoroscopic-guided L4-L5 TFES. The treatment provided significant pain relief and helped the patient resume daily activities without another major surgery.

Date: 22 August 2026

Title: Hip Replacement Helps Patient Regain Mobility

A patient with a hip fracture and an existing cardiac condition successfully underwent hip replacement followed by physiotherapy and walking support. The treatment helped restore mobility and reduce dependence on caregivers.

Date: August 2026

Title: Comprehensive Care for Rare Uterine Tumour

A patient diagnosed with choriocarcinoma underwent a total hysterectomy followed by specialised oncology treatment and continued monitoring. Coordinated multidisciplinary care supported recovery and ongoing well-being.

INDO US HOSPITAL Tolichowki

Date: 15 August 2026

Title: Independence Day Celebration

Doctors, nurses and staff came together to celebrate Independence Day and reflect on the values of unity and service. The programme created a positive atmosphere and strengthened a sense of community within the hospital.



CHALLENGER HOME

Moinabad

Date: 15 August 2026

Title: Independence Day Celebration

Residents of Challenger Home celebrated Independence Day with flag hoisting and the National Anthem. The programme also included speeches, role plays, patriotic songs and dances, creating a joyful atmosphere while reflecting on freedom, unity and national pride.



COMMUNITY OUTREACH

Hyderabad

Widow Support Initiative

In the month of August 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.



CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause, please visit:
<http://www.sahayatatrust.org/donate.php>

SCAN TO DONATE



CONTACT US

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