



SAHAYATA
TRUST



MONTHLY NEWSLETTER

EDUCATION
HEALTHCARE
SOCIAL WEFARE

JUNE 2026

SAHAYATA TRUST NEWSLETTER

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ABOUT US

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for underserved populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

OBJECTIVES

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Dates: 24 June 2026

Title: Inspirational Guest Interaction with Major General D. P. Singh

Major General D. P. Singh interacted with students from Classes IV to X through an engaging session on goal-setting, discipline, and perseverance. He also addressed the staff, motivating them to continue inspiring young minds through dedication and leadership.



Dates: 21 June 2026

Title: International Yoga Day Celebrations

Challenger ICF School celebrated International Yoga Day with yoga asanas, meditation, and breathing exercises led by teachers. The Principal encouraged students to make yoga a part of their daily lives, and the event concluded with a pledge to promote a healthy lifestyle through regular yoga practice.



Dates: 1 June 2026 – 14 June 2026

Title: Campaigning for Admissions

Teachers conducted an admission campaign across ten nearby towns, visiting each location four times to interact with parents and children. The outreach received a positive response and generated encouraging interest in admissions for the new academic year.

KINGSDALE HIGH SCHOOL

Hyderabad

Date: June 2026

Title: Admissions and School Reopening

Kingsdale High School successfully completed admissions for the new academic session while welcoming students from LKG to Class X. Teachers prepared lesson plans, academic records, classroom displays, and learning materials, while newly recruited staff underwent orientation and training to ensure a smooth start to the academic year.



Date: June 2026

Title: Student Chart Work and Daily Assembly

Students actively participated in creating educational charts that enhanced classroom learning and creativity. Daily morning assemblies were also conducted to promote discipline, confidence, moral values, and awareness through prayers, speeches, and thought-provoking activities.



Date: June 2026

Title: Teachers' Workshop on Understanding Subject Pedagogies

Teachers of Kingsdale High School attended a professional development workshop at Challenger International School on Understanding Subject Pedagogies. The session strengthened teaching practices and enhanced subject-specific instructional approaches for the new academic year.

INDO US PUBLIC SCHOOL

Kishanbagh

Date: 15 June 2026

Title: LEAD Teacher Training Workshop

A LEAD Teacher Training Workshop was conducted for teachers to prepare for the new academic year. The session focused on activity-based learning, effective questioning techniques, and the use of LEAD teaching resources to enhance classroom instruction.



Date: 15 June 2026

Title: First Day of School for Pre-Primary Students

The new academic year began with a warm welcome for students across all grades. Interactive activities helped students settle into the school environment, build confidence, and strengthen classroom connections.



Date: 18 June 2026

Title: Inspirational Guest Interaction with Major General D. P. Singh

Major General D. P. Singh interacted with higher-grade students through an inspiring session on discipline, perseverance, and goal-setting. His life experiences motivated students to work hard and pursue excellence with confidence.

INDO US PUBLIC SCHOOL Kishanbagh

Date: 20 June 2026

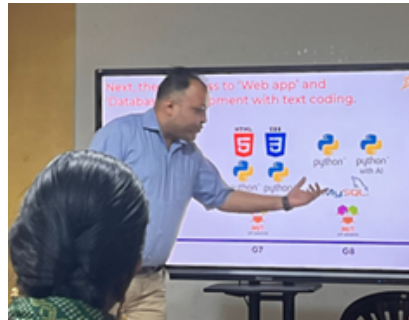
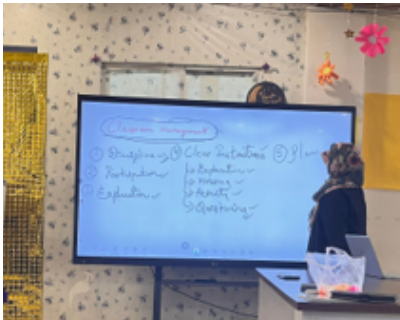
Title: Classroom Management Training Session

A professional development session on classroom management was conducted for teachers, focusing on effective teaching strategies, student engagement, and creating a positive learning environment.

Date: 27 June 2026

Title: CCS, Coding & AI Training Session

Teachers attended a specialised training session on coding, artificial intelligence, and digital learning tools. The workshop enhanced their understanding of future-ready technologies and strengthened their ability to deliver engaging classroom experiences.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 2–3 June 2026

Title: School Onboarding Session

The new academic year began with a comprehensive onboarding programme for teachers, covering school policies, roles and responsibilities, attendance procedures, and classroom management. The session equipped educators with the knowledge and confidence needed for a smooth and successful start to the academic session.

Date: 13 June 2026

Title: Lead Orientation by AA Nayeem Sarang

Academic Advisor AA Nayeem Sarang conducted an orientation session on effective lesson planning, student assessment, teacher evaluation, and the use of the Nucleus portal. The session strengthened teachers' understanding of academic processes and enhanced their preparedness for quality classroom instruction.



Date: 15 June 2026

Title: School Reopening

The school warmly welcomed students for the new academic year with engaging activities and an enthusiastic atmosphere. The first day fostered excitement, renewed friendships, and a positive beginning to the learning journey.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: From 15 June 2026

Title: Assembly Plan Implementation

A structured assembly programme was introduced with class-wise, subject-wise, and day-wise responsibilities, encouraging students to actively participate in school assemblies. The initiative promoted leadership, confidence, teamwork, and effective communication skills.



Date: 19–20 June 2026

Title: SIDP Goal Setting

Teachers collaborated to develop academic goals, milestones, and action plans under the School Improvement and Development Plan (SIDP). The exercise established a clear roadmap for continuous improvement in teaching practices and student learning outcomes.

Date: 21 June 2026

Title: International Yoga Day

Students enthusiastically participated in International Yoga Day celebrations through guided yoga sessions that highlighted the importance of physical fitness, mental well-being, and healthy living. The event encouraged students to adopt wellness as part of their daily routine.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: June 2026

Title: Environment Day Celebration

Students celebrated Environment Day through creative activities, including bird, insect, and leaf-print art, while learning about the importance of environmental conservation. The programme nurtured creativity alongside a sense of responsibility towards protecting nature.



Date: From 15 June 2026

Title: Inspirational Guest Interaction with Major General Devendra Pal Singh

Major General Devendra Pal Singh inspired senior students through an engaging interaction on courage, perseverance, patriotism, and resilience. His life experiences encouraged students to face challenges with determination and develop strong leadership qualities.

Date: 29 June 2026

Title: Visit of Professor Abdul Raheem Nayeem

Professor Abdul Raheem Nayeem addressed senior students in a reflective session marking the Islamic New Year. He encouraged students to begin the year with meaningful resolutions centred on faith, discipline, personal growth, and positive values, inspiring them to strive for purposeful and balanced lives.



INDO-US HOSPITAL

Tolichowki, Hyderabad

Date: 4 June 2026

Title: Rare Chest Wall Tumor Successfully Removed

Indo-US Hospital successfully performed a complex surgery to remove a rare chest wall tumour (right third rib chondrosarcoma) in a 41-year-old patient. The procedure included chest wall reconstruction, preserving respiratory function and enabling an improved quality of life following recovery.



Date: 6 June 2026

Title: Advanced Minimally Invasive Management of Complicated Gallstone Disease

A 22-year-old patient with severe abdominal pain and obstructive jaundice was successfully treated through an emergency ERCP with stenting. The minimally invasive procedure relieved the obstruction, ensured rapid recovery, and prepared the patient for definitive laparoscopic surgery.

Date: 22 June 2026

Title: Early Detection of Ovarian Cancer Through Timely Diagnosis

Prompt evaluation of a 50-year-old patient led to the early diagnosis of ovarian cancer, allowing timely surgical intervention.

Comprehensive cancer surgery was successfully performed, significantly improving the patient's treatment prospects and long-term outcomes.

Date: 25 June 2026

Title: Emergency Surgery Saves Six-Month-Old Infant

Indo-US Hospital successfully performed emergency surgery on a six-month-old infant suffering from intestinal obstruction. The timely intervention relieved the life-threatening condition, resulting in an excellent post-operative recovery and demonstrating the hospital's expertise in pediatric surgical care.

CHALLENGER HOME

Moinabad

Date: 15 June 2026

Title: Reopening of Challenger Home and Student Orientation

Students returned to Challenger Home after the summer vacation and were welcomed by the warden as the new academic year began. A meeting was conducted to reinforce the importance of discipline, following rules and regulations, and making the best use of time. The students listened attentively and committed to maintaining these values throughout the year.



Date: 21 June 2026

Title: International Yoga Day Celebration

Challenger Home, Moinabad celebrated International Yoga Day with enthusiasm and active participation from the students. The session highlighted the importance of yoga in promoting physical health, mental well-being, and inner balance, encouraging students to adopt healthy habits in their daily lives.



Date: June 2026

Title: Student Achievement – ICET Qualification

Nusrath, a final-year B.Com student residing at Challenger Home, successfully qualified in the ICET examination with a commendable rank. Her achievement was celebrated as a source of inspiration for other students, reflecting the importance of dedication and perseverance in academics.

Marks Secured after Normalization	
Section-A	33.865983
Section -B	22.599898
Section -C	17.339145
Total	73.805026
Rank	16901

COMMUNITY OUTREACH

Hyderabad

Widow Support Initiative

In the month of June 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause, please visit:
<http://www.sahayatatrust.org/donate.php>

SCAN TO DONATE



CONTACT US

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